

THE SLEEPING YEARS

We're Becoming Islands One by One

Drowned in Sound: 'a record that only Bon Iver's 'For Emma, Forever Ago' has really rivalled in recent months. 'We're becoming islands one by one' could be remembered as one of 2008's best of it's kind in years to come. 8/10'

The Guardian: 'his voice breaks exquisitely between hope and despair in songs that the acoustic guitar was invented for'

Dazed and Confused: 'a one-man show that owes his lilting metaphysical lyricism to the likes of Nick Drake, Elliot Smith and John Martyn. It's good to know that there are people like him out there'

Stuart Bailie (BBC Radio): 'just as Sufjan Stevens has been moved to celebrate the quirks and character of the United States, so Dale Grundle is devising his own charts, full of wonder, dread and reverie. Can't wait to see where he takes us next.'

The Sleeping Years is the new project from **Dale Grundle**, formerly of the **Catchers**. Now signed to innovative indie-label Rocketgirl and French label Talitres, the debut album "We're becoming Islands One by One", is a gorgeous exploration of melody and melancholy. A gifted lyricist, **Dale's** exquisitely crafted songs tell of people trying to stay connected in a world seemingly designed to keep them apart. He is heavily influenced by the language and culture of his home in Ireland, providing a distinct character to this highly personal collection of songs.

Born in Coleraine, Northern Ireland to an Irish father and a Scottish mother, Dale started his first band **Catchers** while at school. Their first single 'Cotton Dress' came out on Setanta Records and became single of the week in Melody Maker. Their debut album 'Mute' was recorded with Mike Hedges in France. **Catchers** went on to tour with Pulp, Edwyn Collins, The Divine Comedy, Dr. John and Oasis. Their second album 'Stooping to Fit' was recorded with Nick Drake's arranger Robert Kirby.

Dale started his solo project **The Sleeping Years** with a trilogy of EPs in 2007, 'You and Me Against The World', 'Setting Fire to Sleepy Towns' and 'Clocks and Clones'. These were very well received and are very much living proof that independent singles do sell-out. They also garnered critical acclaim, featuring on BBC Radio 1's Introducing, the Guardian's writer's play list and on the cover mount of Rolling Stone Magazine. Songs have been heavily played on Gideon Coe's 6music show and on French radio, having been championed by France's answer to John Peel, Bernard Lenoir.

'We're becoming Islands One By One' is poised to become an instant, yet timeless classic with a refreshingly dynamic twist on acoustic song writing. **Dale** performs all vocals and guitars, not to mention bass, Hammond organ, Rhodes piano and e-bow parts and was joined by cellist **Michelle So** and **Tom Page** from Rothko on drums. It was recorded and produced in London at The Smokehouse by Ian Dowling, also at the 22nd House by **Dale** and mastered at Skye Mastering by Denis Blackham.

Upcoming Shows

18 Jul 2008	ANALOG FESTIVAL	DUBLIN
22 Jul 2008	MACBETH	LONDON
26 Jul 2008	LE DIVAN DU MONDE	PARIS
27 Jul 2008	FESTIVAL DE SEDIERES FESTIVAL	FRANCE
4 Oct 2008	COMME A LA MAISON FESTIVAL	BRUSSELS
17 Oct 2008	THEATRE DENIS	HYERES

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